

English



GUIDE FOR INCOMING STUDENTS

**FACULTY OF PHYSIOTHERAPY AND
NURSING**

Facultad de Fisioterapia y Enfermería
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Toledo



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1. GENERAL DATA of the Faculty of Physiotherapy and Nursing in Toledo

NAME: UNIVERSIDAD DE CASTILLA LA MANCHA

CODE: ECIUDA-RO1

COUNTRY: SPAIN

Office of International Affairs (ORI in Spanish): www.uclm.es/ori/

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CENTRE: Faculty of Physiotherapy and Nursing in Toledo

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Universidad de Castilla-La Mancha

2. HISTORY AND ORGANISATION OF THE UNIVERSITY OF CASTILLA-LA MANCHA (UCLM)

The University of Castilla-La Mancha was officially founded on the 30th of June 1982, through the union of different university centres into a single institution. Although it was not until October 1985 that the UCLM came into full existence, this university is fully integrated in the Spanish university system.

Its establishment represents the Region's commitment to providing its own university system at the service of over two million citizens living in the 80,000 square kilometers of its territory (almost 16% of the Spanish square, the third region in Spain, in terms of square).

The University of Castilla-La Mancha is a regional institution with around 29,000 students enrolled in any of the four campuses: Albacete, Ciudad Real, Cuenca and Toledo, also extended to the cities of Almadén and Talavera de la Reina, besides the Puertollano Centre for studies. The Rectorate is located in the campus of Ciudad Real. The academic offer of the university comprises 45 undergraduate programs adapted to the European Space for Higher Education, 24 postgraduate programs and 66 UCLM own degree programs for professional specialization. Apart from that, UCLM offers several seminars, conferences, summer courses, etc.

The UCLM Vice-Chancellery of Teaching Staff and International Affairs manages, in collaboration with the so-called Offices of International Affairs, the different international programs and activities offered at UCLM with the aim of strengthening the relationships with other Higher Education Institutions, as well as promoting the mobility among UCLM students and staff. For additional information, please visit this link: www.uclm.es/ori/.

2.1. CAMPUS OF TOLEDO

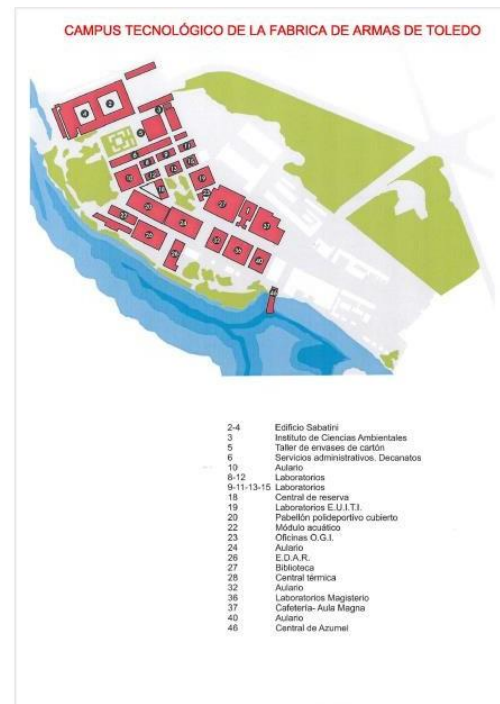
It's located in the city of Toledo, a Christian city since 1805 where three different cultures and religions – Judaism, Christianity and Islam – lived together for around 500 years.

This city is well-known by its magnificent and extensive heritage of several historic civilizations. For this reason, the UNESCO declared Toledo a World Heritage city in 1987. Furthermore, soon after the Statute of Autonomy in 1982, Toledo became the capital and the administrative centre of the region of Castilla-La Mancha, with around 70,000 inhabitants.

In Toledo, UCLM is divided into two campuses: in the city's historical quarter, *San Pedro Mártir* Convent and the *Madre de Dios* building, which houses the Faculty of Law and Social Sciences, and the Faculty of Humanities; in the "modern part of the city", the Science-Technology campus of the old Weapons Factory. This campus is composed by the Faculties of Architecture, Industrial Engineering, Physiotherapy and Nursing, Sports Science, Environmental Sciences and Biochemistry and the Faculty of Education.

2.2. FACULTY OF PHYSIOTHERAPY AND NURSING

The Faculty of Physiotherapy and Nursing was founded in 1989. It's located at the restored buildings of the old Weapons Factory of Toledo, whose premises were transferred to the University of Castilla-La Mancha for academic purposes.



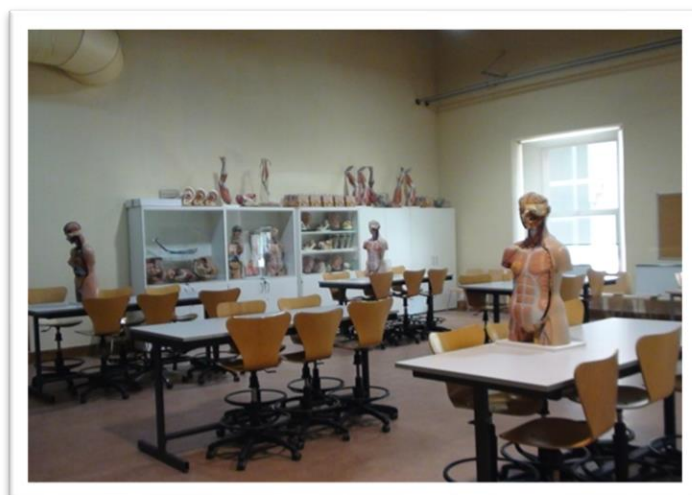
By the moment, the UCLM Faculty offers the academic degree in Nursing and the degree in Physiotherapy. The centre registers around 600 new students a year.

The academic training of the students can be completed with other extracurricular activities at UCLM, as well as the training proposals for professionals offered at the Faculty: <http://www.uclm.es/to/euef/postgrado.asp>

It's important to highlight that, both degrees combine the theory with several internships in hospitals, as well, primary care services, private centers and social service institutions.

The academic year at UCLM is divided into two semesters: the winter semester goes from September to December (exams period in January); the spring semester lasts from the beginning of February to the end of May. Christmas and Eastern holidays are considered non-academic periods.

The Faculty of Physiotherapy and Nursing is committed to enhancing the international training of the UCLM students. In this way, the students can apply for different academic exchanges thanks to the bilateral agreements signed by the Faculty with other European and American institutions.



3. DEGREE IN NURSING:

3.1. STUDY PROGRAM OF THE DEGREE IN NURSING.

Course Code	Name of the course	Type *	ECTS	Semester
FIRST YEAR				
15300	HUMAN ANATOMY	FB	6	1S
15301	PSYCHOLOGY	FB	6	1S
15302	BIOCHEMISTRY	FB	6	1S
15303	BASICS OF NURSING 1	B	6	1S
15304	STATISTICS FOR HEALTH SCIENCES	FB	6	1S
15305	CULTURAL DIVERSITY AND SOCIAL INEQUALITIES IN HEALTH	FB	6	2S
15307	HUMAN PHYSIOLOGY	FB	6	2S
15306	INTRODUCTION TO PUBLIC HEALTH	B	6	2S
15308	NUTRITION AND DIETETICS	FB	6	2S
15310	BASICS OF NURSING 2	B	6	2S
SECOND YEAR				
15312	PHARMACOLOGY	FB	6	1S
15309	LAW AND PROFESSIONAL ETHICS	FB	6	1S
15313	COMMUNITY NURSING I	B	6	1S
15318	CLINICAL STAYS I	PE	6	1S
15317	MEDICAL-SURGICAL NURSING I	B	6	1S
15314	MOTHER AND CHILD CARE NURSING	B	6	2S
15311	HEALTH PSYCHOLOGY	FB	6	2S
15322	MEDICAL-SURGICAL NURSING II	B	6	2S
15319	CLINICAL STAYS II	PE	6	2S
15323	MEDICAL-SURGICAL NURSING III	B	6	2S
THIRD YEAR				
15320	COMMUNITY NURSING II	B	6	1S
15321	CHILD HEALTH NURSING	B	6	1S
15324	CLINICAL STAYS III	PE	6	1S
15316	GERIATRICS NURSING	B	6	1S

15327	MEDICAL-SURGICAL NURSING IV	B	6	1S
15315	PHSYCHIATRIC AND MENTAL HEALTH NURSING	B	6	2S
15326	CLINICAL STAYS IV	PE	6	2S
15328	CLINICAL STAYS V	PE	6	2S
15325	MANAGEMENT OF NURSING SERVICES	B	6	2S
	OPTIONAL COURSES	OP	6	2S
FOURTH YEAR				
15331	PRACTICUM I	PE	25	1S
15332	PRACTICUM II	PE	25	2S
15333	FINAL DEGREE PROJECT	TFG	10	1S-2S
OPTIONAL COURSES				
15344	ENVIRONMENT AND HEALTH	OP	6	
15345	NURSING FOR FRAGILITY AND DEPENDENCY	OP	6	
15346	NURSING IN EMERGENCIES AND CATASTROPHES	OP	6	
15347	ADVANCED MEDICAL-SURGICAL CARE	OP	6	

* **KEYS TO ABBREVIATIONS:** Type: FB- Core Subject; B- Compulsory Subject; OP- Optional Subject;PE- External Internships; TFG- Final Degree Project. Semester: 1S- 1st Semester; 2S- 2nd Semester.

3.2. CLINICAL PLACEMENTS IN NURSING:

Students are offered a total amount of 90 ECTS credits in clinical placements during the UCLM Degree in Nursing. These practices are developed in the fields of primary health care (community nursing) and specialized nursing care units.



4. DEGREE IN PHYSIOTHERAPY:

4.1. STUDY PROGRAM OF THE DEGREE IN PHYSIOTHERAPY.

Code	Name of the Course	Type	ECTS	Semester
FIRST YEAR				
17300	HUMAN MORPHOLOGY AND PHYSIOLOGY I	FB	6	1S
17301	PSYCHOLOGY	FB	6	1S
17302	FUNDAMENTALS OF PHYSIOTHERAPY	B	6	1S
17303	ANATOMY OF THE LOCOMOTOR SYSTEM	FB	6	1S
17304	KINESITHERAPY	B	9	1S-2S
17305	BIOPHYSICS AND BIOMECHANICS	FB	9	1S-2S
17306	EVALUATION IN PHYSIOTHERAPY	B	6	2S
17307	BIOCHEMISTRY	FB	6	2S
17308	HUMAN MORPHOLOGY AND PHYSIOLOGY II	FB	6	2S
Sum of credits:			60	
SECOND YEAR				
17309	GENERAL PATHOLOGY	FB	6	1S
17310	GENERAL PROCEDURES I	B	6	1S
17311	GENERAL PROCEDURES II	B	6	1S
17312	COMMUNICATION AND DOCUMENTATION IN HEALTH SCIENCES I	FB	6	1S
17313	NEUROANATOMY AND NEUROPHYSIOLOGY	FB	9	1S-2S
17314	SPECIFIC METHODS I	B	9	1S-2S
17315	PHYSIOTHERAPY IN CLINICAL SPECIALITIES I	B	6	2S
17316	PHYSIOTHERAPY IN CLINICAL SPECIALITIES II	B	6	2S
17317	INTRODUCTION TO CLINICAL PRACTICE	B	6	2S
Sum of credits:			60	
THIRD YEAR				
17318	SPECIFIC METHODS II	B	6	1S
17319	SPECIFIC METHODS III	B	6	1S
17320	PHYSIOTHERAPY IN CLINICAL SPECIALITIES III	B	6	1S
17321	PHYSIOTHERAPY IN CLINICAL SPECIALITIES IV	B	6	1S
17322	PRACTICUM I	PE	6	1S
17323	SPECIFIC METHODS IV	B	6	2S
17324	PHYSIOTHERAPY IN CLINICAL SPECIALITIES V	B	6	2S
17325	PHYSIOTHERAPY IN CLINICAL SPECIALITIES VI	B	6	2S
17326	COMMUNITY PHYSIOTHERAPY	B	6	2S
17327	PRACTICUM II	PE	6	2S
FOURTH YEAR				
17328	COMMUNICATION AND DOCUMENTATION IN HEALTH SCIENCES I	B	6	1S
17329	HEALTH ADMINISTRATION, LAW AND ETHICS	B	6	1S
	OPTIONAL COURSE (2 SUBJECTS WORTH 4.5 ECTS credits each one)	OP	9	1S
17331	UNDERGRADUATE DISSERTATION	TFG	6	2S
17330	PRACTICUM III	PE	33	1S/2S
OPTIONAL COURSES				
17332	PELVIPERINEOLOGY PHYSIOTHERAPY	OP	4.5	1S
17332	SPORTS PHYSIOTHERAPY	OP	4.5	1S
17333	COMPLEMENTARY THERAPIES	OP	4.5	1S
17334	PHARMACOLOGY AND FIRST AID	OP	4.5	1S

* **KEYS TO ABBREVIATIONS:** Type: FB- Core Subject; B- Compulsory Subject; OP- Optional Subject; PE- External Internships; TFG- Final Degree Project. Semester: 1S- 1st Semester; 2S- 2nd Semester.

4.2. CLINICAL PLACEMENTS IN PHYSIOTHERAPY:

Students are offered a total amount of 51 ECTS credits in clinical placements during the UCLM Degree in Physiotherapy. These practices are developed in the fields of primary health care (community nursing), in public and private health centers, insurance company for work-related accidents and illnesses and other social service institutions.



5. PRACTICAL INFORMATION

5.1. PRE-ARRIVAL

5.1.1. DOCUMENTS REQUIRED

You can find all the information about the admission procedure (documents and deadlines) on this link: www.uclm.es/ori/erasmus/index.aspx

The UCLM offers all the international students an intensive course of the Spanish language. Students can apply for it at the above-mentioned link.

5.1.2. HOW TO PREPARE YOUR STAY

The International Office (commonly known in Spanish as “ORI”) usually sends all the incoming students some updated information on this issue. Anyway, here you have the international guide for international students (www.uclm.es/ori/estudiantes_internacionales/guia.asp):

- Accommodation: students have two options: hall of residence or a shared flat. The International Office will help all incoming students to find accommodation.

- Arriving in Toledo: Toledo is located just around 70 km from Madrid. From Madrid airport, students can take the bus or the train to arrive in Toledo.

Here they have some instructions:

www.uclm.es/ori/estudiantes_internacionales/pdf/guiatoledo.pdf

- Health Insurance: Those students belonging to the European Union have the right to health assistance in the centers and hospitals depending on or having an agreement with the Social Security Service in Spain. To take advantage of this service, all Erasmus students must take with them the form E-128 or E-111, and/or the European Health Card. This card can be requested in the corresponding offices of health assistance in their home country.

Those students belonging to a **non-European Union country** will have to bring a private health insurance for their stay in Toledo.

Apart from this general health insurance, all the **incoming students interested in doing clinical placements in Toledo should send, before they arrive, some specific health documents** proving the information required by the International Office.



5.2. ONCE THEY ARRIVE IN TOLEDO

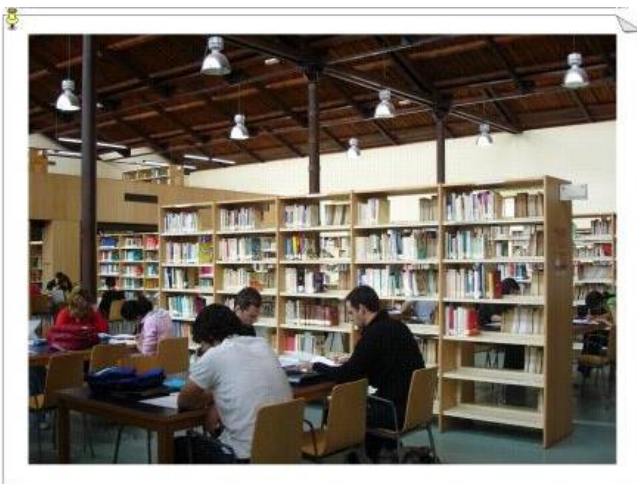
After getting settled into the accommodation, the student should visit the ORI and submit the documents required. After that, the student will go to the Centre where he/she is going to study in order to meet the professor responsible of the exchange program. This coordinator will help the student with the registration procedures and will explain him/her the details of the academic program.

Students can also solve their doubts by contacting the Coordinator of International Affairs at the Faculty of Physiotherapy and Nursing.

5.3. DURING THEIR STAY AND AT THE END

During their stay in Toledo, students can access some university services offered by UCLM (http://www.uclm.es/ori/estudiantes_internacionales/guia.asp#servicios), for example:

- *Cicerone* program: a Spanish student helps an international student to integrate into the student life inside and outside the university.
- Library: international students can use all the services of the UCLM library with a specific card. They can get this library card directly at the library.
- Cafeteria and Canteen facilities on campus.
- Sports Service: UCLM offers students different sport activities to complete their daily academic duties: www.uclm.es/deportes



Computers room: UCLM provides students with several computerservices. Here you have some information: <http://alumnos.uclm.es> In the computer rooms students can connect to the university wireless network, check their email account, print their paperwork and so on. Students must show their student card to access this room.

For additional information, please check the following link: <http://www.uclm.es/estudiantes/vidauniversitaria/>

Once the students finish their stay in Toledo, the UCLM coordinator for International Affairs will issue them a final transcript of records, according to the previously signed learning agreement.



**Universidad de
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